

Ages 2 to 3

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Get dressed	☐	☐	☐	☐	☐	☐	☐
Brush teeth	☐	☐	☐	☐	☐	☐	☐
Pick up toys	☐	☐	☐	☐	☐	☐	☐
Bath	☐	☐	☐	☐	☐	☐	☐
Pajamas on	☐	☐	☐	☐	☐	☐	☐
Put shoes away	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Ages 4 to 5

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Get dressed	☐	☐	☐	☐	☐	☐	☐
Brush teeth	☐	☐	☐	☐	☐	☐	☐
Make bed	☐	☐	☐	☐	☐	☐	☐
Pick up toys	☐	☐	☐	☐	☐	☐	☐
Put away clothes	☐	☐	☐	☐	☐	☐	☐
Wipe the table	☐	☐	☐	☐	☐	☐	☐
Brush hair	☐	☐	☐	☐	☐	☐	☐
Clear the table	☐	☐	☐	☐	☐	☐	☐
Fill the pet's water bowl	☐	☐	☐	☐	☐	☐	☐
Pack backpack	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Ages 6 to 8

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Brush teeth	☐	☐	☐	☐	☐	☐	☐
Make bed	☐	☐	☐	☐	☐	☐	☐
Homework	☐	☐	☐	☐	☐	☐	☐
Read for 30 minutes	☐	☐	☐	☐	☐	☐	☐
Set the table	☐	☐	☐	☐	☐	☐	☐
Unload the dishwasher	☐	☐	☐	☐	☐	☐	☐
Tidy the living room	☐	☐	☐	☐	☐	☐	☐
Sort laundry	☐	☐	☐	☐	☐	☐	☐
Feed the pet	☐	☐	☐	☐	☐	☐	☐
Take out the trash	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Ages 9 to 11

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Brush teeth	☐	☐	☐	☐	☐	☐	☐
Make bed	☐	☐	☐	☐	☐	☐	☐
Homework	☐	☐	☐	☐	☐	☐	☐
Load and unload the dishwasher	☐	☐	☐	☐	☐	☐	☐
Trash and recycling	☐	☐	☐	☐	☐	☐	☐
Wash dishes	☐	☐	☐	☐	☐	☐	☐
Own laundry, start to finish	☐	☐	☐	☐	☐	☐	☐
Pack own lunch	☐	☐	☐	☐	☐	☐	☐
Water plants	☐	☐	☐	☐	☐	☐	☐
Fill water bottle	☐	☐	☐	☐	☐	☐	☐
Put on deodorant	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Ages 12 to 14

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Make bed	☐	☐	☐	☐	☐	☐	☐
Homework	☐	☐	☐	☐	☐	☐	☐
Vacuum	☐	☐	☐	☐	☐	☐	☐
Wipe counters	☐	☐	☐	☐	☐	☐	☐
Load and unload the dishwasher	☐	☐	☐	☐	☐	☐	☐
Clean the bathroom	☐	☐	☐	☐	☐	☐	☐
Walk the dog	☐	☐	☐	☐	☐	☐	☐
Litter box	☐	☐	☐	☐	☐	☐	☐
Fold and wash laundry	☐	☐	☐	☐	☐	☐	☐
Mow the lawn	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Ages 15 to 18

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Clean the kitchen	☐	☐	☐	☐	☐	☐	☐
Clean the bathroom	☐	☐	☐	☐	☐	☐	☐
Own laundry	☐	☐	☐	☐	☐	☐	☐
Bedroom reset	☐	☐	☐	☐	☐	☐	☐
Walk the dog	☐	☐	☐	☐	☐	☐	☐
Yard work	☐	☐	☐	☐	☐	☐	☐
Car care	☐	☐	☐	☐	☐	☐	☐
Ready for tomorrow	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

Morning, after school, bedtime

Name

STEP	MON	TUE	WED	THU	FRI	SAT	SUN
MORNING							
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
AFTER SCHOOL							
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
BEDTIME							
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐



Sense

getsense.ai/chore-chart



Extra chores

Name _____

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

